

What are Community Health Centers?

Community, Migrant, and Homeless Health Centers are **non-profit, community-directed providers** that remove common barriers to care by serving communities who otherwise confront financial, geographic, language, cultural and other barriers. Also known as Federally-Qualified Health Centers (FQHCs), they:

- are **located in high-need areas** identified as having elevated poverty, higher than average infant mortality, and where few physicians practice;
- are **open to all residents**, regardless of insurance status or ability to pay;
- **tailor services** to fit the special needs and priorities of their communities, and provide services in a linguistically and culturally appropriate manner;
- provide **comprehensive primary and other health care services**, including services that help their patients access care, such as transportation, translation, and case management;
- **provide high quality care**, reducing health disparities and improving patient outcomes;¹ and
- are **cost effective**, reducing costly emergency, hospital, and specialty care, and **saving the health care system \$24 billion a year nationally**.²

Indiana Federally-Supported Health Centers, 2008

Number of Organizations	18
Number of Delivery Sites	86
Total Patients	218,738
Number Migrant/Seasonal Farmworker Patients	4,526
Number Homeless Patients	8,810

	Health Center Population	State Population ³	US Population ³
Percent at or Below 100% of Poverty	69%	17%	17%
Percent Under 200% of Poverty	96%	36%	32%
Percent Uninsured	42%	12%	15%
Percent Medicaid	40%	13%	14%
Percent Medicare	5%	13%	12%
Percent Hispanic/Latino	18%	5%	15%
Percent African American	23%	9%	13%
Percent Asian/Pacific Islander	1%	1%	5%
Percent American Indian/Alaska Native	0%	0%	1%
Percent White	55%	88%	80%
Percent Rural	29%	28%	16%

Race/Ethnicity may not sum to 100% due to rounding and non-inclusion of two or more races. 0% may indicate <0.5%. Rural data from 2007.

Percent of Vulnerable Indiana Residents Served by Federally-Supported Health Centers⁴

Percent of Low Income, Uninsured, 2008	18%
Percent of Medicaid Beneficiaries, 2006	6%
Percent of Population at or Below 100% of Poverty, 2008	14%

Economic Benefits of Federally-Supported Health Centers

Wasted Expenditures on Avoidable Emergency Department Visits, 2006⁵	\$441,019,299
Economic Benefits Generated for Local Communities, 2006 ⁶	\$123,745,679

Indiana Health Center Fact Sheet, 2008

Data for federally-funded health centers only and may therefore underreport the true volume of care. See note below.

Health Center Staff and Related Patient Visits

	FTE*	Patient Visits
Primary Care Physicians	102.9	400,170
NPs/PAs/CNMs	76.1	187,261
Nurses	139.7	32,748
Dentists	23.1	57,136
Dental Hygienists	11.0	11,694
Behavioral Health Specialists [#]	15.2	9,570
Pharmacy	17.8	N/A
Total Enabling Services [†]	192.8	74,231
Other Staff	831.2	N/A
Total	1,409.8	776,780

* Full-time equivalent.

[#] Includes psychiatrists, psychologists, and licensed or credentialed behavioral health providers.

[†] Includes outreach workers, health educators, case managers, translators, transportation, eligibility assistance workers, and child care workers. Not all staff have related patient visits.

Patient Visits and Patients by Selected Primary Diagnoses and Services

	Patient Visits	Patients
Medical Conditions		
Hypertension	37,939	16,796
Diabetes mellitus	32,505	11,361
Heart Disease (Selected)	3,558	2,009
Asthma	9,811	6,138
Depression & Other Mood Disorders	11,022	6,311
All Mental Health & Substance Abuse	30,677	N/A
Preventive Services		
Health Supervision Ages 0-11*	67,457	37,617
Selected Immunizations [#]	43,992	28,840
Oral Dental Exams	29,339	21,911
Pap Test	18,557	17,343
Mammogram	517	515
HIV Test	3,441	3,282

* Well child visits. [#] Includes DPT, MMR, polio, influenza, hepatitis A & B, HiB, etc.

Health Centers Providing Select Services Onsite*

Professional Services	
General Primary Medical Care	94%
Prenatal Care	78%
Preventive Dental Care	78%
Mental Health Treatment/Counseling	44%
Substance Abuse Treatment & Counseling	33%
Hearing Screening	78%
Vision Screening	89%
Pharmacy	17%
Preventive Services	
Smoking Cessation Program	67%
HIV Testing And Counseling	67%
Glycosylated Hemoglobin Measurement, Diabetes	78%
Blood Pressure Monitoring	94%
Blood Cholesterol Screening	83%
Weight Reduction Program	94%
Enabling Services	
Case Management	89%
Eligibility Assistance	94%
Health Education	94%
Interpretation/Translation Services	89%
Transportation	33%
Out stationed Eligibility Workers	50%

* "Onsite" includes services rendered by employees, contracted providers, volunteers and others who render services in the health center's name. Health centers may also provide services through formal referral arrangements. Data based on 2007 UDS.

Health Center Costs of Care

Average Cost per Patient	
Medical Costs per Medical Patient*	\$386
Dental Costs per Dental Patient	\$383
Total Cost per Total Patient [#]	\$511
Average Cost per Patient Visit	
Medical Cost per Medical Patient Visit	\$125
Dental Costs per Dental Patient Visit	\$159

* Excludes lab and x-ray as in previous years.

[#] Includes the total cost of all services over total users.

Sources and Notes

Unless otherwise specified, this fact sheet is based on Bureau of Primary Health Care, HRSA, DHHS, 2008 Uniform Data System (UDS). It includes data from Federally-Qualified Health Centers (FQHCs) that receive federal health center grants and are therefore required to report administrative, clinical and other information. Data do not account for a category of FQHCs that does not receive these funds, known as FQHC Look-Alikes. There are approximately 100 FQHC Look-Alikes across the United States. Consequently, data reflected in this fact sheet may underreport the true volume of care delivered by health centers.

¹ See Summaries of Literature on Health Centers, Quality of Care, www.nachc.com/research.

² GWU, *Using Primary Care to Bend the Curve: Estimating the Impact of a Health Center Expansion on Health Care Costs*, September 2009, www.gwhealthpolicy.org.

³ Kaiser Family Foundation, State Health Facts Online, www.statehealthfacts.org. U.S. Census Bureau, Table 4: Annual Estimates of the Population by Race Alone and Hispanic or Latino Origin for the United States and States: July 2008. Released May 2009. www.census.gov/popest/states/.

⁴ Compares health center UDS data to state population data, respectively. State population data come from Kaiser Family Foundation, State Health Facts Online. www.statehealthfacts.kff.org.

⁵ NACHC and Association of Community Affiliated Plans, *The Impact of Health Centers and Community-Affiliated Health Plans on Emergency Department Use*, April 2007, www.nachc.com/research.

⁶ NACHC, Robert Graham Center, and Capital Link, *Access Granted*, August 2007, www.nachc.com/research.

For more information, email research@nachc.com or visit www.indianapca.org.

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