

# Health Center Fact Sheet



National Association of  
Community Health Centers, Inc.

# Puerto Rico

20 Grantees (80% of which are Rural)

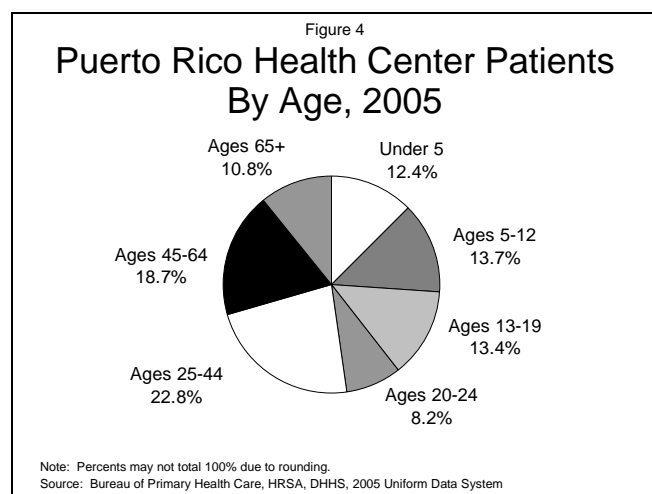
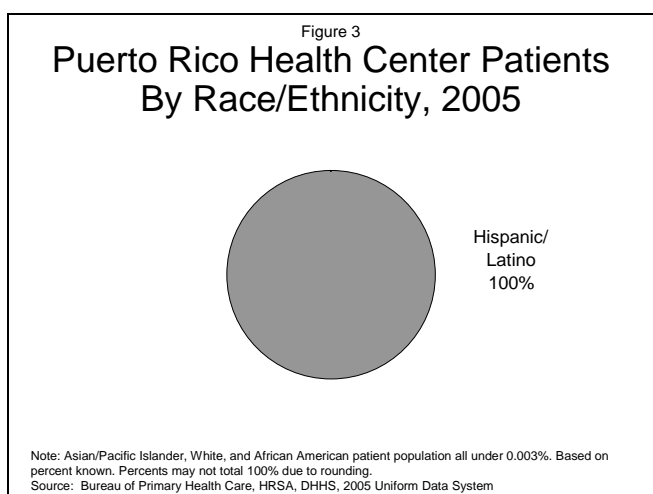
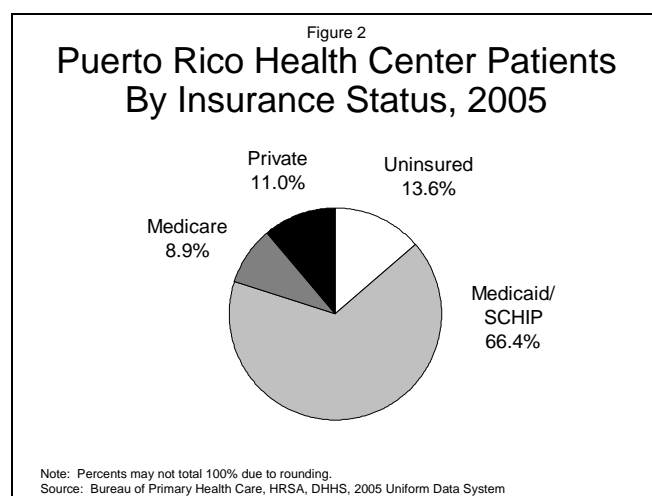
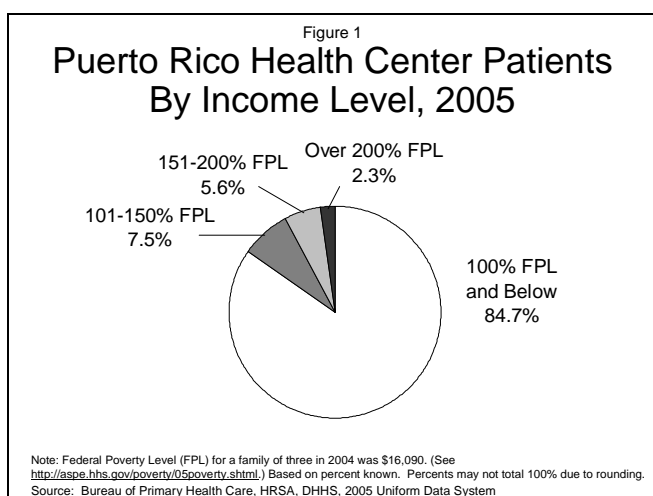
49 Service Delivery Sites

387,881 Total Patients

## What are Health Centers?

Health centers are **local, non-profit, community-owned health care providers** serving low-income and medically underserved communities. For over 40 years, health centers have provided **high-quality, affordable primary care and preventive services to the nation's most vulnerable populations** – people who even if insured would nonetheless remain isolated from traditional forms of medical care because of where they live, who they are, the language they speak, and their higher levels of complex health care needs. Health centers **improve access** to care for millions of Americans regardless of their insurance status or ability to pay. They offer services that many other providers do not, such as transportation, translation, and culturally sensitive health care that can overcome common barriers. Their costs of care rank among the lowest, and they reduce the need for more expensive hospital in-patient and specialty care, producing significant savings for taxpayers.

In 2005, federally-funded health centers were the family doctor and medical home for 387,881 individuals in **Puerto Rico**.



# Puerto Rico, 2005

## Health Center Staff and Related Patient Visits

	<u>FTE</u>	<u>Patient Visits</u>
Primary Care Physicians	266.0	1,242,337
NPs/PAs/CNMs	0.0	0
Nurses	422.4	292,299
Dentists	19.5	45,797
Dental Hygienists	2.5	5,382
Mental Health & Substance Abuse Specialists*	19.4	22,644
Pharmacy	147.4	N/A
Total Enabling Services <sup>#</sup>	131.8	92,727
Other Staff <sup>†</sup>	1,167.7	N/A
<b>Total</b>	<b>2,176.8</b>	<b>1,751,800</b>

\* Includes psychiatrists, psychologists, and licensed or credentialed behavioral health providers.

<sup>#</sup> Includes health educators, case managers, translators, transportation, eligibility workers, etc. Not all staff have related patient visits. Does not include workers for other social services, such as WIC, Head Start, housing assistance, food banks, and employment counselors.

<sup>†</sup> Includes specialists and other medical, dental, and professional personnel, as well as administrative, patient services, and other staff.

## Percent of Health Centers Providing Select Services Onsite\*

<i>Professional Services</i>	
General Primary Medical Care	100%
Prenatal Care	85%
Preventive Dental Care	55%
Mental Health Treatment/Counseling	40%
Substance Abuse Treatment/Counseling	35%
Hearing Screening	65%
Vision Screening	90%
Pharmacy	90%
<i>Preventive Services</i>	
Pap Smear	90%
Smoking Cessation Program	15%
HIV Testing And Counseling	95%
Glycosylated Hemoglobin Measurement, Diabetes	75%
Blood Pressure Monitoring	90%
Blood Cholesterol Screening	80%
Weight Reduction Program	50%
<i>Enabling Services</i>	
Outreach	90%
Case Management	80%
Eligibility Assistance	50%
Health Education	85%
Interpretation/Translation Services	60%
Transportation	45%
Outstationed Eligibility Workers	15%

\* "Onsite" includes services rendered by salaried employees, contracted providers, National Health Service Corps Staff, volunteers and others such as out-stationed eligibility workers who render services in the health center's name. Health centers may also provide services through formal referral arrangements.

## Patient Visits and Patients by Selected Primary Diagnoses and Services

	<u>Patient Visits</u>	<u>Patients</u>
<i>Medical Conditions</i>		
Hypertension	111,589	38,361
Diabetes mellitus	90,366	26,289
Heart Disease (Selected)	22,166	9,434
Asthma	34,620	15,883
Depression & Other Mood Disorders	4,457	2,583
All Mental Health & Substance Abuse	18,509	N/A
<i>Preventive Services</i>		
Health Supervision Ages 0-11*	81,642	52,107
Selected Immunizations <sup>#</sup>	161,095	86,841
Pap Smear	27,928	26,377
Mammogram	15,237	14,764
HIV Test	8,663	6,729
Oral Dental Exams	19,409	13,774

\* Well child visits.

<sup>#</sup> Includes DPT, MMR, oral polio vaccine, influenza, hepatitis B, HIB.

## Health Center Costs of Care

<i>Average Annual Cost per Patient</i>	
Medical Cost per Medical Patient*	\$227
Dental Cost per Dental Patient	\$116
Total Cost per Total Patient <sup>#</sup>	\$371
<i>Average Cost per Patient Visit</i>	
Medical Cost per Medical Patient Visit	\$67
Dental Cost per Dental Patient Visit	\$63
Pharmacy Cost per Medical Patient Visit	\$29
Lab & X-ray Cost per Medical Patient Visit	\$10

\* Excludes lab and x-ray as in previous years.

<sup>#</sup> Includes the total cost of all services over total users.

Note: This fact sheet includes data from Federally-Qualified Health Centers (FQHCs) who meet federal health center grant requirements and are required to report administrative, clinical and other information to the federal Bureau of Primary Health Care. Only FQHCs receiving federal health center grants report data, and therefore this fact sheet does not include data from a category of FQHCs that does not receive these funds, known as FQHC Look-Alikes. There are approximately 100 FQHC Look-Alikes across the United States. In addition, several health centers affected by Hurricane Katrina in 2005 were unable to report data or were unable to collect patient information for part of the year. Therefore, data reflected in this fact sheet may consequently underreport the volume of health care delivered by health centers.

For more information, email [research@nachc.com](mailto:research@nachc.com).

Source: NACHC, 2006. Based on Bureau of Primary Health Care, HRSA, DHHS, 2005 Uniform Data System. State statistics can be found at [www.bphc.hrsa.gov/uds/data.htm](http://www.bphc.hrsa.gov/uds/data.htm).

This publication was supported by Grant/Cooperative Agreement Number U30CS00209 from the Health Resources and Services Administration, Bureau of Primary Health Care (HRSA/BPHC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HRSA/BPHC.